



Pre-Health Guidance and Application Services

Applying to graduate school in the health professions is a lengthy, highly competitive process. To best support students, Dunbar offers several consulting options, but we can also create custom programs to meet your needs.

Pre-Health Advising Package

This package is appropriate for college students (traditionally freshmen and sophomores) who would benefit from continuous contact with a consultant who specialized in pre-health students. This package includes 3 formal meetings a year to discuss such topics as:

- Review and assessment of the Student's academic record and curriculum
- Discuss application strategy and timing
- Advice on course selection
- Advice on required testing
- Advice on extracurricular activities, summer experiences, internships and research opportunities
- Assistance with letter/s of recommendation planning

Single Session Consultation

Single session consultation appointments are customized to meet the needs of the Student and topics can vary. Some common topics for discussion include:

- How competitive do I look as an applicant? This conversation would include a comprehensive assessment of grades, test scores, experiences with feedback, including a discussion about postbac programs.
- Preparing to be Pre-Med in College. This session is designed for a high school senior who wishes to be premed in college. We would develop a 4-year plan including proposed coursework, summer experiences and leadership development.
- Re-Applicants: This session is designed for a student who was rejected from health professions graduate school and they seek feedback on ways to improve their application.
- Mock Interview preparation.

Comprehensive Pre-Health Advising and Guidance Service

This package is appropriate for students who would benefit from continuous support throughout the entire application cycle including primary and secondary essay support and interview preparation. This plan is best coupled with the Pre-Health Advising Package for continuous support.

Meetings start in September of the junior year for students planning to matriculate to graduate school right after undergraduate. If the student plans to take a gap year, then advising would start in September of the senior year.

Our **Comprehensive Pre-Health Advising and Guidance Service** package will include, as necessary and appropriate, any or all of the following:

Pre-Health Preparation Year

- Initial meeting in person or virtual with Student to learn the Student's academic and extracurricular strengths and interests
- Overview of health field (MD, DO, Dental, Vet) admissions process and development of a roadmap for the Student
- Review and assessment of the Student's academic record and curriculum
- Discuss application strategy and timing
- Advice on required testing
- Advice on extracurricular activities, summer experiences, internships and research opportunities
- Assistance with letter/s of recommendation planning
- Follow up meetings each month or more regularly if requested
- And availability to address questions and concerns

During Application Cycle

- In-depth application strategy session including timeline discussion
- Review and assessment of the Student's academic record and curriculum, testing, extracurricular activities, summer experiences and internships and research
- Advice on how to best communicate with graduate programs and financial aid offices
- Assistance in developing a preliminary graduate school list
- Assistance with planning for letters of recommendation
- Personal statement strategy and review
- Strategy and comprehensive review of primary application (ex: AMCAS, AACOMAS, TMDSAS, VMCAS, AADSAS). All application platforms included.
- Strategy and comprehensive review of secondary application essays up to a maximum of 20 schools.
- Evaluation of final medical/graduate school list
- Interview preparation & mock interviews
- "Best Fit" advice after acceptance
- Advice on wait list situations
- Regular communication with the Student
- And availability to address questions and concerns